

I think I may have been exposed to
COVID-19.

Did the person I came into contact with have COVID-19 symptoms?
(Fever, cough, shortness of breath or difficulty breathing, chills, repeated shaking with
chills, muscle pain, headache, sore throat, new loss of taste or smell, and/or diarrhea.)

NO

YES

Unlikely Exposure
This is considered low risk.
Continue working, but
self-monitor for COVID-19
symptoms for 14 days after
contact.

NO

Was I ever within 6 feet of the person
for more than 15 minutes, or did
they cough and/or sneeze on me?

YES

YES

Was I wearing a facemask,
gloves, and/or eye protection?

NO

Recognize that symptoms can
develop at any time without a
known exposure, often several
days after the exposure
occurred. Care should be taken
at all times to self-monitor
while there is person-to-person
spread within our community.
If at any time you become ill
(even while working),
self-isolate and notify your
supervisor.

MEDIUM-RISK EXPOSURE

Depending on operational needs, if a person does not
have symptoms they should not be excluded from work.
If they are showing symptoms they should be excluded
from work for at least 3 days since recovery from fever
(without use of fever-reducing medications) and
improvement in respiratory symptoms OR at least 10 days
have passed since symptoms first appeared.

NOCROP COVID-19 LINE: 714.509.5999

I am living with or caring for someone
that might have COVID-19.

Did the person (not the employee) test positive for
COVID-19?

**TEST
PENDING**

RESULTS IN-PROGRESS

The employee stays home until
test results come back.
Employee should monitor for
symptoms.

YES

NO

NEGATIVE TEST

If employee is not symptomatic,
return to work and continue
social distancing. Employee
should monitor for symptoms.

MEDIUM-RISK EXPOSURE

Notify supervisor and/or Human Resources. If you are symptomatic, contact your Doctor and do not come to work. Those who test positive may return to school or work after:

- At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; and
- At least 10 days have passed since symptom onset; and
- Symptoms have improved; and
- If you are NOT symptomatic but are identified as close contact (within 6 feet without a mask for more than 15 minutes) you will need to self-quarantine for 14 days from when exposed to person with positive test result.

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When can I return to work following a positive COVID-19 test or becoming ill?

Were you ever symptomatic?

(Fever, cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell, and/or diarrhea.)

NO

YES

Did you test positive for COVID-19?

Did you test positive for COVID-19?

NO

YES

NO

YES

Continue working, maintain social distancing practices and watch for symptoms. Have temperature taken before entering any facility. If symptoms occur, contact Human Resources and/or your supervisor immediately.

May return to work AFTER:
At least 10 days have passed since receiving positive test results.*

May return to work:
Once symptoms improve.

May return to work AFTER:
Fever-free for at least 24 hours (without use of fever-reducing medications) AND all other symptoms have improved AND at least 10 days have passed since onset of symptoms.*

***An employee that exhibits COVID-19 symptoms or tests positive for COVID-19 must inform Human Resources. If applicable, provide Human Resources with the medical note stating the need to quarantine.**

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